

Health and Wellbeing Board Thursday 14th September 2017

CHILDREN'S TRUST BRIEFING TO THE HEALTH AND WELLBEING BOARD

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1.0 Summary

This regular update briefing commissioned by the Health and Wellbeing Board (H&WBB) from the Shropshire Children's Trust will focus on work to develop an action plan for the 0 – 25 SEND Strategic Board and engaging with young people with SEND and provide updates on the 0 – 25 Emotional Health and Wellbeing Service, School Readiness and Embedding the Adverse Childhood Experiences (A.C.E) approach. This briefing provides assurance to the H&WBB on the work of the Trust and highlights areas for closer consideration by the H&WBB.

2.0 Recommendations

The H&WBB is recommended to note the information and updates in this report and :

- a) Ensure that the needs of children and young people with SEND are taken into consideration across all health and wellbeing development work
- b) continue to help in raising the profile of "All About Me" and encourage all organisations in contact with children and families to promote the "All About Me" strategy.
- c) continue to encourage practitioners to engage with the development of the A.C.E approach across Shropshire.

REPORT

3.0 Risk Assessment and Opportunities Appraisal

The Children's Trust through its associated health and wellbeing outcomes supports the reduction of inequalities across Shropshire

4.0 Financial Implications

No financial decisions are explicitly required with this report, there may be associated resource implications to be considered for some actions.

5.0 Background

This update briefing provides the Health and Wellbeing Board with regular assurance from the Children's Trust concerning the partnership approach to promoting and supporting the health and wellbeing of children, young people and families in Shropshire.

6.0 0 – 25 Special Educational Needs and Disabilities (SEND) Strategic Board

6.1 As a sub group of the Children's Trust the 0 – 25 SEND Strategic Board takes the lead on our partnership work to embed the changes of the SEND reforms and to continuously look to improve outcomes for children and young people living with special educational needs and / or disabilities.

6.2 The 0 – 25 SEND Strategic Board has recently appointed a co chair from Shropshire CCG and is currently working on developing an action plan that will ensure;

- Shropshire Children and young people living with Special Educational Needs and/or Disabilities, and their families and carers, feel empowered and in control of their lives

- Shropshire Children and young people living with Special Educational Needs and/or Disabilities, and their families and carers, feel safe and supported appropriately whatever their age (0 - 25) and wherever they are.

6.3 This work will make sure that:

- There is in place a 0-25 SEND communications and participation strategy that is easy to understand and provides a basis on which to regularly engage with children, young people and their families and carers; that provides meaningful participation in the co production of strategies and services with a common message and clear pathways agreed across education, health and social care.
- A Local Offer is in place that is co produced with children and young people and provides information in an accessible format, that sets out in one place information about provision available for children and young people who have special educational needs and/or disabilities.
- A Joint Commissioning Strategy in place that is co produced based on outcomes and value for money and includes clear pathways and decision making.

6.4 To inform this work Shropshire Council is partnering with Humanly, a research and design studio, to develop an approach that ensures consistent and embedded participation of children and young people at an individual, service and strategic level. This work is grant funded and supports Shropshire Council to meet its statutory obligations to children and young people with special educational needs and disabilities (SEND). (Humanly works with organisations in the public and third sectors to develop new services, systems and ways of working that are human-centred. You can see examples of Humanly's work here: www.designhumanly.com)

6.5 The Children's Trust have scheduled a deep dive report from the 0 – 25 SEND Strategic Board to its meeting on the 19th October 2017 and will provide a more detailed update on progress to the H&WBB in our next briefing

6.6 We would ask the H&WBB to assist our whole system approach and encourage partners to ensure that the needs of children and young people with SEND are taken into consideration across all health and wellbeing development work.

7.0 Ongoing Children's Trust Work – 'All about me' and 'Embedding the ACE approach'

7.1 In our last briefing to the H&WBB we told you about work the Children's Trust is undertaking to embed the ACE approach across Shropshire.

7.2 The work to embed the ACE approach across Shropshire continues not simply to ensure we have healthy children but *to help as many people as possible live long, happy and productive lives by promoting health and wellbeing at all stages of life.* (H&WBB Strategy 2016-2021).

7.3 Forward thinking is again part of our work focussed on making sure Shropshire Children are 'school ready'. In our briefing in May 2017 we advised the H&WBB how school readiness is a measure of how prepared a child is to succeed in school cognitively, socially and emotionally and how being school ready has an impact on his or her adult life.

7.4 The Children's Trust are continuing to work on key areas:

- Promoting a common brand to raise awareness to ensure children are school ready across Shropshire **"All About Me..."**
- Developing a leaflet "All About Me..." That identifies key developmental milestones for children, for use across all organisations in contact with children and families
- Using the "All about me..." developmental milestone leaflets:
 - Undertake awareness training for housing providers (support workers) and free childcare places,
 - Undertake briefings for headteacher forums for schools that have an early years setting to include ASQ-3 and the integrated 2 year review process

- Looking at the possibility of sharing information with schools with early years settings ie number children rising 2 to enable them to plan more effectively
- Encouraging early years settings to undertake a home visit prior to the child starting by sharing best practice from early years settings who are already undertaking the visits

7.5 We would ask the H&WBB to:

- continue to help in raising the profile of “All About Me” and encourage all organisations in contact with children and families to promote the “All About Me” strategy.
- continue to encourage practitioners to engage with the development of the A.C.E approach across Shropshire.

8.0 Update on 0-25 Emotional Health and Wellbeing Service

8.1 In our last briefing to the Health and Wellbeing Board we highlighted our concerns around the size of the waiting list for the 0-25 Emotional Health and Wellbeing Service. At our most recent meeting we were reassured that:

- Waiting list initiatives to date have undergone detailed review and plans have been refined and refocused. Revised plans enable all aspects of the historical (pre May 2017) waiting list to be cleared by August 2017
- As of the 1st of May children and young people are now able to benefit from a wider range of services in addition to the traditional elements of care. This wider range of options enable improved patient choice and contribute to reduce waiting times. Initially the NHS element of the service (previously CAMHS) will continue but are now complemented by;
 - **Kooth** - Providing an anonymous 24 hour online service offering peer support, self-help and trained counsellors to talk to during the hours of 12 till 10pm
 - **Healios** - Providing evidence based psychological therapies delivered online by qualified clinicians from 8am to 9pm 7 days a week.
 - **The Children’s Society** – Scoping availability of resources in the community and working with young people to aid transition to other services
- FAQ style communications to be shared with Children, young people, parents, carers, those who referrer into the service as well as other stakeholders. The communication aims to provide clarity in answering the following questions;
 - *What is different now?*
 - *What will change in the future? And when will it change?*
 - *How do I access the service?*
 - *How will I know about any future changes?*

8.2 The Head of Operations for the 0 – 25 Emotional Health and Wellbeing Service at SSSFT is now a member of the Children’s Trust so we look forward to continued engagement and continued improvements to the service.

<p>List of Background Papers (This MUST be completed for all reports, but does not include items containing exempt or confidential information) Previous HWBB papers</p>
<p>Cabinet Member (Portfolio Holder) Cllr Nicholas Bardsley Cllr Lee Chapman</p>
<p>Local Member NA</p>
<p>Appendices NA</p>